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A Sincere Note Of Gratitude From Dr. Bob



This time of year brings to mind many thoughts.

I am thankful everyday for the wonderful country we live in. Thanks to our women and men in the service, we remain a free nation.

The helpfulness of our fellow Americans during the hurricanes in Houston and then again in Florida make me proud to be an American. We came together just as we did during the 9/11 tragedy and showed the world what a true American does for his countrymen.

My family continues to be a source of pride and blessing as I think about my daughter and son-in-law (like a son, now) , all my wonderful family in Chicago, and my wife's brother and his wife. Last, but certainly not least, is my fabulous dental team that allows me to be an even better dentist. For that I am truly blessed..

Many people have enriched my life through the years, and I am lucky enough to be a dentist that has gained many new friends while treating their dental needs. Know that I always remember you in my prayers and that I am extremely grateful to be able to do what I love everyday; treat my patients, my friends, and what I like to call my dental family. They say that a man who likes his work never has to work a day in his life. That is so true. I am such a man.

Thank you for your continued support and know that my great team and I know that you have choices in dentistry and we are so happy that you have chosen us.

Have a wonderful Thanksgiving Holiday with your loved ones. Eat the turkey, Eat the pumpkin pie, watch the football, but remember to hug your family tight and tell them you love them.

May your heart be full of gratitude this Thanksgiving.

Warmly,
Dr. Bob

If you could buy this, would you floss more?



PSSSSSS....VERY IMPORTANT MESSAGE



We are now a
Metlife Preferred Dentist.

Pass it on..

Turkey Pumpkin Muffins



This Thanksgiving,
Let the Kids help.

Each child can build their own turkey muffin.

What you need:

- Pumpkin muffins
- Red apple
- Green apple
- Sliver of carrot
- Squeezable icing—eyes

From each apple, cut a slice from the side of the apple. Set flat and cut squared-off, tapered feathers. Cut a small beak from a thin slice of carrot. Make a slit in the end of a green grape and dab off excess moisture. Insert beak into grape. Poke small ends of feathers into muffin and set head on muffin, resting on the muffin paper. Once assembled, add tiny dot eyes with icing.

From Parenting.com

Tom thought that if he became a great receiver, they'd let him skip dinner.



From Emmott on Technology



Chewing celery helps in producing more saliva in your mouth which prevents plaque. Eating Celery once a week can help keep your teeth naturally clean on top of brushing!



Mike is a former trumpet player for the University of Alabama's Million Dollar Band

Patient of the Month Mike Waldrop

It must be a family thing, because all Mike's family have been patients of the month. Truth is, we love all of them.

Mike's profession is Software Sales but where he loves to spend any free time is with his two adorable boys, Cole and Garrett. They all love water sports like swimming, boating, and skiing. The boys are very active in basketball, swim meets, and school, so that keeps Mike and his wife Laura quite busy. However, when he isn't with them, he likes fishing and golf.

Mike played trumpet in the Alabama Million Dollar band, so naturally, he is a Tide fan. Wonder who he will cheer for at the SEC playoffs?

Mike says that he listens to all types of music but now, since he is a little older, he listens to podcasts and talk radio.

Congratulations, Mike. We always enjoy seeing you as well as all the rest of your family