

Dr. Foster Smiles

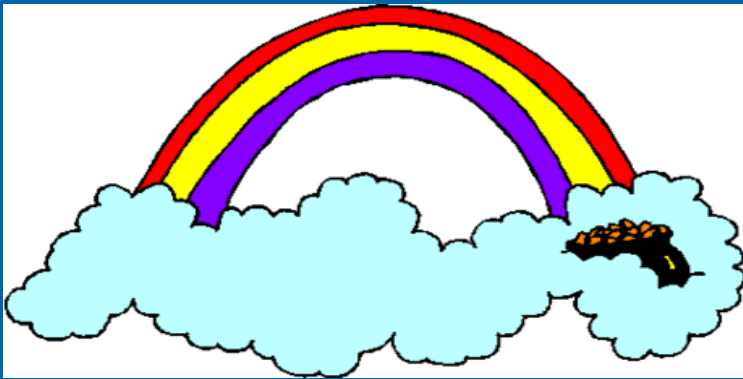
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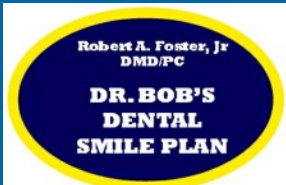


March 2016

May the Luck of the Irish be with you!!!



No Insurance? No Problem!



Finally, a Plan that has no exclusions, no deductibles, no waiting requirements, no missing tooth clause, PLUS, a

dentist that has been selected as "Marietta's Best" as well as Atlanta's Top Dentist.

For details visit our website or call us at

What is a Dental Implant?

Dental implants are a long term solution to replace missing teeth. They are just like your natural teeth but can't develop cavities.



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Implants stand alone and do not rely on adjacent teeth. Dental implants do not affect neighboring teeth or lead to bone loss in the jaw. Keeping your natural tooth is preferable, but if that is not possible, an implant is a good alternative.

Be sure to have an ASIRD team complete your treatment. Dr. Foster, is a member of ASIRD, and routinely restores implants with a trained surgeon that surgically places your implant.

Ask us how we can help you with your missing teeth.



Does it have to HURT to have Whiter Teeth?

No. It doesn't. However, sensitivity to whitening solution depends on several factors.

When we whiten teeth in the office it is easier to control the whitening solution flow. We block out all the soft tissue to keep the solution from touching the gums. Then we use our curing light to activate the solution quickly. We can get up to 5 shades lighter in the office because we use a higher strength of peroxide. The whitening is immediate and may last 6 months depending on your habits of whether you smoke and your coffee, tea, soda, and red wine intake. We cannot send you with the same percentage of peroxide in a take home tray because we don't want you to damage your gums. Even with custom made trays, there is the variable of the amount of solution that could be placed in the tray. Too much, will cause an overflow and a potential irritation to the soft tissues.

Whitening strips that actually cling to the teeth will work. We know. We tried them. The ones we offer are so sticky that if you want to get them off sooner than they are ready to come off (usually an hour or more), you need to use warm water to loosen them. They are elastic and are able to be stretched to your premolar area or further depending on the size of your mouth. You can only get these at the office. They are much more effective than the ones you can get at the store.

There have been preloaded trays around a while, but they did not fit well enough to have contact with the teeth; they also allowed the solution to leak out onto the gums. Since all of us here at Dr. Bob's have some sensitivity to whitening, we insist on testing these products before we even offer them to you. With the latest product, Opalescence GO, there is an Ultra-fit Tray that is heat sensitive and it can easily be formed to the individual mouth when placed there. The Opalescence GO tray is preloaded with just the right amount of the sustained released gel so that there is no guesswork about the amount to use. The solution stays on the teeth, not on the gums. *"Opalescence tooth whitening gel contains PF (potassium nitrate and fluoride). Potassium nitrate has been shown to help reduce sensitivity. Fluoride has been shown to help reduce caries and strengthen enamel. Together they help to improve the overall health of the teeth".* **

**Information from Ultradent Products Inc.

Call us today. We can go over the options for your lifestyle and budget.

Watergate Salad for St. Paddy's Day



1 can (20 oz.) crushed pineapple in juice, undrained

1 pkg. (3.4 oz.) JELL-O Pistachio Flavor Instant Pudding

1 cup JET-PUFFED Miniature Marshmallows

1/2 cup chopped PLANTERS Pecans(optional)

1-1/2 cups thawed COOL WHIP Whipped Topping

Combine first 4 ingredients in large bowl.
Stir in COOL WHIP.
Refrigerate 1 hour.

Recipe from Kraft.com



Our practice continues to grow from your kind recommendations.

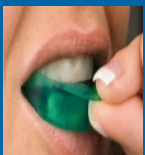
Tell your Friends about us. When they come in for their New Patient Examination, you will get a \$25 credit for your expression of confidence.

Dr. Foster Member of ASIRD

The American Society of Implant Reconstructive Dentistry (ASIRD) is a nationwide not-for-profit association dedicated to educating consumers on the value of dental implants and the importance of choosing an experienced surgeon and dentist team for the best restoration for the patient.

Membership is exclusive and by invitation only. These teams are recognized for having a collaborative relationship to ensure optimal results by working together throughout the implant process.

ASIRD members are committed to providing customized, patient-specific long-term solutions for your dental implant needs.



**Opalescence Go®
Now Available !**

**Whitening trays that Work!
Just insert and GO!**

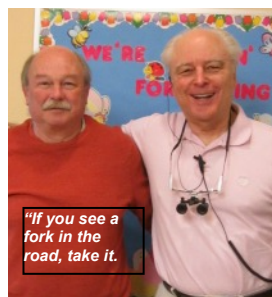


Pickle Floss

**Would you
floss more or
less?**

<http://www.perpetualkid.com/pickle-fl>

Already have bleach trays? We now have 35% whitening solution. Wear only 30 Minutes for a great result.



Tony Burdett Patient of the Month

The owner of Buckhead Motors has been a patient for about 25 years and we think he is quite a celebrity.

From 1980 until 1995, Tony raced Enduro Go Karts with

World Karting Association and won many regional races. He says it's different from racing cars since you lay down in them and there are no seat belts. The race is long. It lasts about an hour. There is certainly not much protection in a Go Kart, but going 140 miles an hour in them must be quite a thrill. It seems that many current top drivers began their careers in karts.

In 1995, Tony built a BMW 3 Series car and started racing with the Sports Car Club of America. He said that racing cars was much easier than karts, because you just had to hold on to the gear shift and steer. He won the Pro IT Championship at Road Atlanta in 1997.



Tony has retired from racing, but his BMW service shop has been in business since 1982. He still enjoys working on cars and prides himself on his work.

Tony now concentrates on his grandchildren. He likes watching and helping with his grandson's baseball team, the East Cobb Mariners. He loves the Braves; one of his most memorable trips was watching the team play at Wrigley Field in Chicago. He also loves helping with his grandson's Cub Scout Troop.

Tony loves cooking outside, listening to oldies and country music as well as talk radio. He has been married for 32 years and loves his wife, children, and grandchildren.