



# Adult Patient Registration

As required by law, our office adheres to written policies and procedures to protect the privacy of information about you that we create, receive, or maintain. Your answers are for our records only and will be kept confidential subject to applicable laws. Please note that you will be asked some questions about your responses to this questionnaire and there may be additional questions concerning your health. This information is vital to allow us to provide appropriate care for you. This office does not discriminate.

Patient Name \_\_\_\_\_ Home phone: \_\_\_\_\_ Work phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_  
 Last \_\_\_\_\_ First \_\_\_\_\_ Middle \_\_\_\_\_ ( ) ( ) ( )

Physical Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Mailing Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email Address: \_\_\_\_\_ Date of Birth \_\_\_\_\_ SS# - - Sex M F

Responsible Party \_\_\_\_\_ Relationship to patient \_\_\_\_\_ Daytime phone number \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Relationship to patient: \_\_\_\_\_ Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

How did you hear about our office? \_\_\_\_\_

Do you have any of the following diseases or problems?

	Yes	No	Dk (don't know)
Active Tuberculosis.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Persistent cough for over 3 weeks	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Cough that produces blood.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Exposed to someone with tuberculosis ...	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**\*\*\*If you answer yes to any of the 4 items above, please stop and return this form to the receptionist**

**Dental Insurance Information**

Policy Holder \_\_\_\_\_ Date of Birth \_\_\_\_\_  
 S.S. # of policyholder \_\_\_\_\_ Relationship to Patient \_\_\_\_\_  
 Name of Employer \_\_\_\_\_ Work phone \_\_\_\_\_  
 Insurance Company \_\_\_\_\_ Group # \_\_\_\_\_  
 Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_  
 Insurance Company phone number \_\_\_\_\_

**Dental History NEW patients ONLY**  
 For the following questions, please mark (X) your responses to the following. Mark "Dk" if you do not

Former Dentist \_\_\_\_\_ Phone: \_\_\_\_\_ Date of last x-rays \_\_\_\_\_ Professional cleaning? \_\_\_\_\_  
 Reason for today's visit \_\_\_\_\_  
 How important is it to you to keep your teeth for a lifetime? \_\_\_\_\_  
 Do your gums bleed when you brush or floss? \_\_\_\_\_ How often do you brush? \_\_\_\_\_ How often do you floss? \_\_\_\_\_

	Yes	No	Dk
Do your gums bleed when you brush or floss?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Are your teeth sensitive to cold, hot, pressure? ....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Does food or floss catch between your teeth?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Is your mouth dry? .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Have you had any periodontal (gum) treatment? ...	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Have you ever had orthodontic treatment? .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Have you had any problems associated with previous dental treatment?.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Is your home water supply fluoridated? .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Are you currently experiencing dental discomfort? _____			
Please explain: _____			

	Yes	No	Dk
Do you have earaches or neck pain? .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Do you have popping, clicking, popping, or discomfort in the jaw? .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Do you brux or grind your teeth?.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Do you have sores or ulcers in your mouth? .....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Do you wear dentures or partials?.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Do you participate in active recreational activities?.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Date of your last dental examination: _____			
What was done at that time? _____			
Do you drink filtered or bottled water.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
If YES how often? DAILY/ WEEKLY OCCASIONALLY			

**If you could change anything about your smile, what would it be?**  
 \_\_\_\_\_  
 \_\_\_\_\_

**Medical History**  
 For the following questions, please mark (X) your responses to the following. Mark "Dk" if you do not know

**Allergies:** Are you allergic to or have you had a reaction to the following: Yes No Dk

To all "yes" answers specify type of reaction.

Local Anesthetics \_\_\_\_\_

Aspirin \_\_\_\_\_

Penicillin or other antibiotics \_\_\_\_\_

Barbiturates, sedatives, or sleeping pills \_\_\_\_\_

Sulfa Drugs \_\_\_\_\_

Codeine \_\_\_\_\_

Other Narcotics, please list \_\_\_\_\_

Physician \_\_\_\_\_ Phone: \_\_\_\_\_  
 Date of last visit \_\_\_\_\_  
 Have you been hospitalized within the last 12 months?  YES  NO

Please list all prescription medications, vitamins, natural or herbal preparations and/ or diet supplements you are currently taking:  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

## Medical Information

Please mark (X) your response to indicate if you have or have not had any of the following diseases or problems. Mark Dk" if you do not know.

Do you wear contact lenses? Yes No Dk <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Do you use controlled substances?..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Do you drink alcoholic beverages?..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> If so, how much alcohol did you drink in the last 24 hours? _____ If yes, how much do you typically drink in a week? _____ Do you use tobacco (smoking, snuff, chew, bidis)?..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> How interested are you in stopping? (circle one) VERY INTERESTED      MILDLY INTERESTED      NOT INTERESTED
<b>Joint Replacement:</b> Have you had an orthopedic total joint (hip, knee, elbow, or finger) replacement? Date <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Please mark (X) your response to indicate if you have or have not had any of the following diseases: Artificial (prosthetic) heart valve..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Previous infective endocarditis..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Damaged valves in transplanted heart..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Congenital heart disease (CHD)..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Unrepaired cyanotic CHD ..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Repaired (completely) in last 6 months..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Repaired CHD with residual defects..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> **Except for the conditions listed above, antibiotic prophylaxis is no longer recommended for any other form of CHD. Has a physician recommended that you take antibiotics prior to dental visits? Name _____ Phone _____
Are you taking or scheduled to begin taking Any medications for bone pain, hypercalcemia, or skeletal complications resulting from Paget's disease, multiple myeloma or metastatic cancer?..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Yes No Dk Artificial (prosthetic) heart valve..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Previous infective endocarditis..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Damaged valves in transplanted heart..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Congenital heart disease (CHD)..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Unrepaired cyanotic CHD ..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Repaired (completely) in last 6 months..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Repaired CHD with residual defects..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> **Except for the conditions listed above, antibiotic prophylaxis is no longer recommended for any other form of CHD. Has a physician recommended that you take antibiotics prior to dental visits? Name _____ Phone _____
<b>Allergies:</b> Metals..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Latex (rubber)..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Avocado, bananas, Kiwi?..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Iodine?..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Hay fever/seasonal?..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Animals..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Other _____	Yes No Dk Artificial (prosthetic) heart valve..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Previous infective endocarditis..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Damaged valves in transplanted heart..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Congenital heart disease (CHD)..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Unrepaired cyanotic CHD ..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Repaired (completely) in last 6 months..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Repaired CHD with residual defects..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> **Except for the conditions listed above, antibiotic prophylaxis is no longer recommended for any other form of CHD. Has a physician recommended that you take antibiotics prior to dental visits? Name _____ Phone _____

Yes No DK Cardiovascular disease ... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Angina..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Arteriosclerosis..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Congestive heart failure..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Damaged heart valve..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Heart Attack..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Heart Murmur..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Low blood pressure..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> High blood pressure..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Other congenital heart defects..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Yes No Dk Mitral valve prolapse ..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Pacemaker..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Rheumatic fever..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Rheumatic heart disease..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Abnormal bleeding..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Anemia..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Blood Transfusion..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> If yes, date _____ Hemophilia..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> AIDS or HIV disease...../.. <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Arthritis..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Yes No Dk Autoimmune disease..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Rheumatoid arthritis ..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Systemic Lupus ..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Asthma..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Bronchitis..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Emphysema..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Sinus trouble..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Tuberculosis..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Cancer/Chemotherapy..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Radiation treatment..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Chest pain upon Exertion..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Chronic pain..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Diabetes Type I or II <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Eating disorder..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Malnutrition..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Gastrointestinal disease... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> G.E. Reflux/persistent heartburn..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Ulcers..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Thyroid problems..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Stroke..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Glaucoma..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> High Cholesterol..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
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Yes No Dk Hepatitis, jaundice, liver disease <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Epilepsy..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Fainting spells or seizures..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Neurological disorder..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> If yes, specify _____ Sleep disorder..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Mental health disorder..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Specify: _____ Recurrent infections..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Type of infection _____ Kidney problems ..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Night sweats..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Osteoporosis..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Persistent swollen glands in the neck..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Severe or rapid weight loss..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Severe headaches/migraines..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Sexually transmitted disease..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Excessive urination..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<b>WOMEN ONLY: Are you:</b>  Yes No Dk Pregnant <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Number of weeks _____ Birth control? <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Taking Hormones? <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Nursing? <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
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Yes No Dk Hepatitis, jaundice, liver disease <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Epilepsy..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Fainting spells or seizures..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Neurological disorder..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> If yes, specify _____ Sleep disorder..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Mental health disorder..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Specify: _____ Recurrent infections..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Type of infection _____ Kidney problems ..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Night sweats..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Osteoporosis..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Persistent swollen glands in the neck..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Severe or rapid weight loss..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Severe headaches/migraines..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Sexually transmitted disease..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Excessive urination..... <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<b>FOR COMPLETION BY DENTIST</b> _____ _____ _____ _____
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*I certify that I have read and understand the above information to the best of my knowledge. The above questions have been accurately answered. I understand that providing incorrect information can be dangerous to my health. I authorize the dentist to release any information including the diagnosis and the records of any treatment or examination rendered to me or my child during the period of such dental care to third party payers and/or health practitioners. I authorize and request my insurance company to pay directly to the dentist insurance benefits otherwise payable to me. I understand that my dental insurance carrier may pay less than the actual bill for services. I agree to be responsible for payment of all services. I understand that dental treatment is a partnership and that appointments are reserved exclusively for me. In the event of a failed appointment where there is less than 24 hours notice there may be a fee charged. Further, I understand that accounts overdue by 60 days are subject to an interest fee of 18% APR and/or late fees.*

X \_\_\_\_\_  
**SIGNATURE OF PATIENT (or parent if a minor)**

\_\_\_\_\_  
**Date**

# Financial Options

*Our commitment is to provide quality dental care to the entire family through exceptional service and the utilization of advanced technology*

## **Methods of payment**

- Cash, Check, or Credit card (MasterCard, Visa, American Express, and Discover)
- Dental Insurance (described below)
- Care Credit—a credit card specifically designed for healthcare use (application available)
- Dental Fee plan (flexible monthly payment option) call 1-800-204-3332 or [www.dentalfeeplan.com](http://www.dentalfeeplan.com)

## **Dental Insurance:**

- We are pleased you have dental insurance, and our office will assist you in obtaining the maximum benefits specified in your contract. However, your insurance contract is between you, your employer, and the insurance company.
- **We consider the patient responsible for the payment of the account.**
- If your insurance company agrees to make payment directly to the doctor, we will accept insurance assignment. **We ask that your estimated co-payment and deductible be paid at the time of service.** Not all services are a covered benefit in all contracts. **Some insurance companies arbitrarily select certain services they will cover. Many plans have exclusions and limitations, which will affect your out-of-pocket expense.**
- Whenever possible, we will submit an estimate to your insurance company for an outline of benefits for which you may be entitled.

## **Billing:**

- We estimate your co-payment portion based on information given to us by your insurance carrier. Payment of your portion is expected at the time you are in our office for dental care. **However, sometimes there is a need to send a statement for the portion insurance has not paid, and this is due upon receipt**
- Accounts over 60 days are considered past due and are subject to a service fee of 1.75% per month (annual percentage rate of 21%).
- For patients requiring extensive treatment, we offer **short-term payment plans**. For patients who desire a longer period of time to make payment, an application to Dental Fee Plan or Care Credit may be an option for you.

## **Related Information:**

- Returned checks are subject to additional collection fees.
- In the event that the account is not paid and we refer the account to collection, you will be responsible for all fees incurred for collection of the bill (i.e., attorney fees, court costs, and collection agency fees).
- **Your appointment has been reserved exclusively for you.** Any change in your appointment affects many patients. **24 hours notice is needed to avoid a charge.**

*I have read and understand the above information. I understand I am responsible (regardless of my insurance) for any charges incurred from services rendered. I authorize the payment of dental benefits, otherwise payable to me, directly to Robert A. Foster, Jr., DMD PC. I further authorize Robert A Foster Jr DMD PC and all of its independent contractors, business associates, agents, and/or any affiliates to contact me through the use of any dialing equipment or an artificial voice or prerecorded voice, at any telephone number associated with my account including cellular/wireless telephone numbers that may result in charges to me for the call. I expressly consent to such calls both direct and automated to my home, cellular, or other associated numbers and with such consent, I specifically waive any claims I may have against all parties authorized to make such calls.*

**Name** (Please print) \_\_\_\_\_  
(parent/guardian if patient is under 21)

**Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

## **Robert A. Foster, Jr., DMD PC**

**1230 Johnson Ferry Road, Suite C-10  
Marietta, GA 30068  
(770) 971-5119**

### **Recommended Standard of Dental Care for Children**

- Professional cleanings and complete examinations by a dentist are generally recommended every six- (6) months. Children who are particularly cavity prone may need to have more frequent visits.
- Radiographs for detection of hidden decay (cavity detecting x-rays) are recommended on at least a six- (6) month interval.
- A full mouth x-ray that shows facial bones and the formation of permanent teeth is recommended every 3 years unless otherwise indicated by unusual circumstances.
- Professional application of fluoride is generally recommended every six- (6) months. Fluoride strengthens teeth in its battle with plaque, the precursor to decay. A child with a high decay rate may require additional treatments.
- Application of sealant material to all chewing surfaces of permanent molars and premolars is recommended as soon as the teeth are completely present and unobstructed by soft tissue. **SEALANTS MAY BE RECOMMENDED ON PRIMARY TEETH** if a child is particularly prone to cavities at a very early stage in life.
- Give your child fluoridated water. **TYPICALLY, BOTTLED WATER DOES NOT CONTAIN FLUORIDE.** Read the label. You may want to consider a water purifier connected to your tap. The purifier will not remove fluoride.
- Avoid rewarding your child with sticky, chewy, sugary foods without making sure they are able to brush their teeth right after the snack. Instead offer a snack from the vegetable or fruit groups.
- Acquiring good dental hygiene habits at home will require parental supervision. The skills of brushing and flossing are hard at first. Your child will need your guidance. Be available and patient with them. And, best of all; let them learn by your good example.