



# Dr. Foster Smiles

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Smilesbydrbob.com



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## No Insurance? No Problem!

Brought back by popular demand, this non-insurance benefit plan is perfect for those who have terrible insurance or none at all.



The plan covers diagnostic and preventive at 100% and all other procedures are discounted by 20%.

There is no deductible, no missing tooth clauses, no predeterminations required, and no yearly maximums.

Contact us for more information. 770-971-5119

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EVERY SINGLE HALLOWEEN



600 MILLION  
POUNDS OF CANDY  
IS SOLD

90 MILLION  
OF IT IS  
CHOCOLATE!

## Children Are Not Required to go to a Pedodontist



It is not necessary for all children to visit a Pedodontist, (a dentist specializing in children dentistry) for their dental care. Most children are happy at our office. Children offer a breath of fresh

air to our day, and the things they tell us can sometimes be enlightening and other times downright amusing.

We treat our little patients as the individuals they are and proceed with treatment at a pace that allows them to be comfortable and relaxed. We know that a good experience at the dentist can make all the difference in the world for little patients as they mature into adulthood.

## We Also Have Experience in Treating Children

A good portion of our adult patients began their dental treatment when they were children right here. Many of them now bring their own children for dental visits.

The Big Tooth board and Dr. Bob's Smiles are always a big hit. After the check-up appointment, we take a picture in front of the Big Tooth board, and then we print and post it on Dr. Bob's Smiles board. We give the photo to the child at the beginning of their next appointment. It is a fun way to see how the children have grown. Parents love it because they like to keep it in the child's scrapbook. Some of the adults who were once children in our dental family insist on the Big Tooth presence.

## Most Pediatric Dentists Stop Treating After the Teenage Years

A pediatric dentist only treats up to (and some including) the teenage years. There is continuity at our office because we treat all ages. We have in the past and will continue to refer any child to a pediatric dentist if and when those services become apparent. We invite you to bring your children to our office and keep them here. We would love to meet them!



## Spotlighting GeorgeAnne Nash

We would like you to meet our friend, Georgeanne, who manages a farm where they breed, raise, and show American Saddlebred

horses. These high stepping horses are impressive to watch in shows.

Of course, Georgeanne loves everything horses. In August, she won a World Championship title driving a Hackney pony named Filbert. We were impressed about breeding horses but winning a World Title is just minding-blowing! While researching Hackneys, we found that they were initially bred for pulling carriages, but today they are bred mostly for show.

Georgeanne has other likes but, her greatest other love is her grandchildren. She enjoys spoiling them by taking them to museums and other unique places. Georgeanne likes college football and the Falcons, soul music, and travel. She has been to Israel with her church and has planned another mission trip to Cuba. She is looking forward to this October because she is going to the best trip ever--Africa--to see the animals up close!



"I have been coming to Dr. Foster for a long time; the staff has become my extended family."

Thank you, Georgeanne. We are so proud of you and your accomplishments and so happy that you are part of our dental family.

## Dental Filling Replacement



Dental fillings break down – fillings have a life expectancy of eight to 10 years. However, they can last 20 years or longer. When the fillings in your mouth start to break down, food and bacteria can get underneath them

and can cause decay deep in the tooth. If not treated, you may need to have root canal therapy.



## Pumpkin Seeds

Preheat the oven to 300 degrees F.

Using a spoon,

scrape the pulp and seeds out of your pumpkin into a bowl.

**Clean the seeds:** Separate the seeds from the stringy pulp, rinse the seeds in a colander under cold water, then shake dry. Don't blot with paper towels; the seeds will stick.

**Dry them:** Spread the seeds in a single layer on an oiled baking sheet and roast 30 minutes to dry them out.

**Add spices:** Toss the seeds with olive oil, salt and your choice of spices (see below). Return to the oven and bake until crisp and golden, about 20 more minutes.

*Sweet Toss with cinnamon and sugar (do not use salt).*

*Indian Toss with garam masala; mix with currants after roasting.*

*Spanish Toss with smoked paprika; mix with slivered almonds after roasting.*

*Italian Toss with grated parmesan and dried oregano.*

*Barbecue Toss with brown sugar, chipotle chile powder and ground cumin.*

Recipe courtesy Food Network Magazine



## Dentistry for Horses

Did you know that horses teeth continually emerge from the gum line for most of its adult life?

Because of the unequal widths of the upper and lower jaws, a horse's teeth are unlikely to grind off during normal chewing to create a flat surface. A flat surface is beneficial for a horse's ability to digest food. Due to the continuous emerging of the teeth, a horse's teeth might become so uneven that sharp, razor-like edges can cut the horse inside its mouth.

So, a routine dental procedure for a horse is "floating" (derived from the name of the instrument used to do the procedure). It involves filing off the sharp edges that form. Providing a flat surface to the teeth helps digestion, which in turn helps the horse live a longer life.