

# **Dr. Foster Smiles**

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# Smilesbydrbob.com



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#### No Insurance? No Droblem!

Brought back by popular demand, this non-insurance benefit plan is perfect for those who have terrible insurance or none at all.

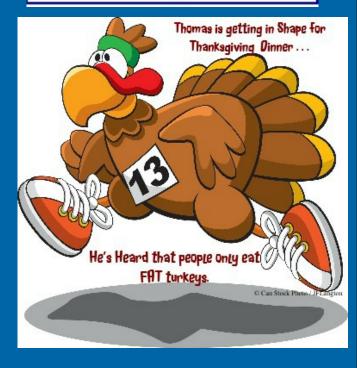


The plan covers diagnostic and preventive at 100% and all other procedures are discounted by 20%.

There is no deductible, no missing tooth clauses, no predeterminations required, and no yearly maximums.

Contact us for more information. 770-971-5119

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## **Counting my Blessings**

This time of year, more than most, we tend to notice the many blessings that God has given us. I would like to share a few of mine.

My Beautiful Family

My family is the most important facet in my life. I have a faithful and loving wife who has supported me through thick and thin, and after many years of

trying to get pregnant, we were fortunate to give birth to an exceptional daughter. Many of you were patients when she was born and know that she has always danced and wanted a career in dance. For nine years she has owned a successful dance studio in Roswell called Atlanta Dance Central. I have met many happy children there as I am invited to be a part of my daughter's success, by participating in some of her dance shows.

A Daughter and "Son" that know the Value of Family

Five years ago we acquired a son with the marriage of Charlotte to Jeremy. This young man is family oriented, so, we see the two of them quite often. They even invited us along for their 5<sup>th</sup> year anniversary celebration to where they were married in Napa Valley, California My sister, in Chicago, and her family are very dear to me, and we see them as many times as possible. I have many fond memories of all our times together.

#### **My Dental Family**

I have been enjoying dentistry for many years, and along the way, I have met some of the most beautiful people in the world. Some have been with me for as long as I have been a dentist, while others have come since our move to East Cobb, and, still others I have just met.

My skills and ethics are a product of God, proper upbringing, and instruction from my professors. I treat my dental family as if you are my genetic family. Thank you for your loyalty, your friendship, and the many lovely memories I have of all of you.

> Have a Great Thanksgiving, Dr. Bob

### **Crock Pot Apples**



#### **Ingredients:**

Bag (approx. 14 oz) of sliced gala apples or similar 2 tbsp cornstarch <sup>1</sup>/<sub>4</sub> cup granulated sugar

<sup>1</sup>/<sub>4</sub> cup brown sugar 1 tsp cinnamon 1 tsp vanilla <sup>1</sup>/<sub>4</sub> cup butter, melted 1 tbsp lemon juice

#### Instructions:

Turn crock pot on to hot setting. Add bagged apples and 2 tbsp cornstarch to Ziploc bag and toss until apples are covered. In a small bowl, combine granulated sugar, brown sugar and cinnamon. Add sugar-cinnamon mixture to Ziploc bag and toss until apples are covered. Transfer apples to crock pot. Top apples melted butter, vanilla and lemon juice and stir to combine. Cook on high for 2 hours or until apples are tender without falling apart.

#### **Holiday Shortcut:**

After you add the cinnamon sugar mixture to the Ziploc, you can pop those apples in the fridge – pre-holiday prep style! Then the day you're ready to make them, simply pour the apples into the crock pot, top with butter, vanilla and lemon juice and cook as usual.

#### We Welcome New Patients! There is Always Room for Nice **Patients Like You!**



Preferred Providers ith several ompanies.

We are

the complete list on our website: Smilesbydrbob.com

GREAT NEWS!

Regular In-office Whitening has been reduced to \$310!



#### A SPECIAL EVERYDAY!!



Vincent Matthews

We want to introduce you to a fun guy!

Vincent always has a smile on his face when he comes, especially since we got rid of the clown.

"With apologies to Judy Garland and Cole Porter, all the world does NOT love a clown"

Being a shift manager at one of the branches of Joann Fabric and Crafts feeds his creative senses. He loves doing Papercrafting (Cricut paper cutter especially), Sewing, and baking. But, that's not all. He likes Fish Keeping, and for his spiritual time, he enjoys gardening. By now, you have probably guessed that Vincent is a very crafty kind of guy.

Additionally, he listens to all types of music with no one particular person or group to follow; he cheers for the Braves. One of his favorite trips was a road trip to St. Louis when he visited the Arch.

This past June, after having been partnered since 1982, he and his partner were able to be married. Belated congratulations, Vincent and Will. We love you both.

Vincent gives us compliments all the time. His latest is that we are the "Best in the Land." We don't know about that, but we do know that we look forward to Vincent's funny and joyful personality.

**Congratulations Vincent!**