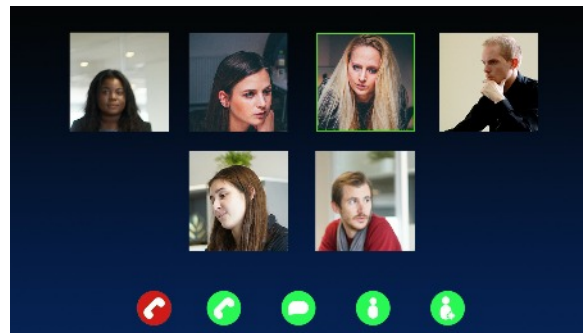




Dr. Foster Smiles

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Our Zoom Meeting Smiles

Since the pandemic, we have experienced high social media engagement levels, like Instagram, Facetime, and Zoom meetings, correlated with body dissatisfaction. According to a study done by the American Academy of Facial Plastic and Reconstructive Surgery, Inc., the authors found an increase in cosmetic procedures since the country has opened up a bit.

Zoom may create body dissatisfaction

Zoom displays an individual in an unfiltered way. This self-depiction is something that few people see daily," according to the study. However, an increased time spent on camera, comparison of oneself, and slightly distorted images on Zoom can leave some users feeling uneasy at best. This may affect body dissatisfaction and the result of seeking cosmetic procedures for improvement.

What can you do about your Smile?



Many patients stated their appearance on Zoom or Facetime prompted them to seek cosmetic care. In addition, many of our patients have been asking about their dental flaws. Questions about whitening and reshaping their teeth

are common. Others notice teeth that have a shadow or graying. Also, many have seen uneven teeth in their smile line. And, some have unwanted spaces.

(Continued)

Watermelon Frosty



Ingredients

- 2 cups frozen watermelon cubes
- 1/2 frozen banana
- juice of 1/2 a lime
- 1/2 tablespoon honey
- 2-3 leaves of mint

Instructions:

Combine all ingredients in blender and blend until incorporated but still thick.

Pour into glass and garnish with more mint and lime.

Recipe makes two glasses

**Notes

**Vodka would be good in this. Reallllly good.

Many thanks to the chef:

Running to the Kitchen®

Posted on Published: September 1, 2012

By: Author Gina Matsoukas

Our Patients are

ONE IN A MELON!!



Happy Watermelon Month

(Zoom Continued)

Although Zoom may heighten your attentiveness to your smile, we're always here to provide you with excellent cosmetic dentistry services. We feel that everyone should be happy about their smile. There are many ways to make a pleasing appearance.

Our cosmetic dental services include:

Dental veneers



Porcelain Veneers cover previous dental bonding treatment and cover chips and other discolorations in the teeth. Veneers even out the smile.

Whitening to complete the smile area



This patient wanted to close the space he inherited at birth.

Other Cosmetic services we provide are:

- ***Cosmetic bonding***
- ***Replacement fillings of graying teeth due to leaky silver fillings***
- ***Minor orthodontic treatment***
- ***Smile line reshaping***
- ***Full smile reconstruction***
- ***Take home preloaded whitening trays***

For Before and After Photos feel free to visit our website in the Smile Gallery located on the Gallery page.

We would love to discuss your ideal smile with you. Call today to schedule your complimentary smile evaluation.