



Dr. Foster Smiles

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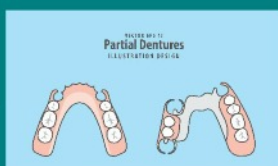
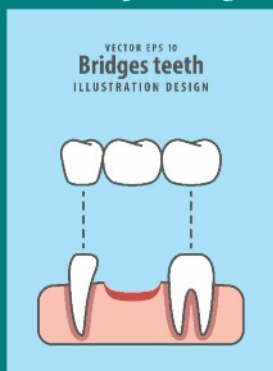
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September 2022



Replacing Missing Teeth



Let us help you decide the perfect choice for you.

Stop Hiding your Smile



Call Today for a free Consult
770-971-5119
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Yes! Replace those missing back teeth.

Think again if you have a missing tooth in the back, and don't feel it needs replacing. I know you can't see it, but its loss can affect your whole mouth.

Each mouth contains four types of teeth; each one has a function. The front teeth, (anterior and canine) are for ripping and tearing. Back teeth, (premolar, and molar) are for grinding and chewing. It is the bone that keeps these teeth in place. Therefore, if you lose a tooth, you no longer need its bone anchor.

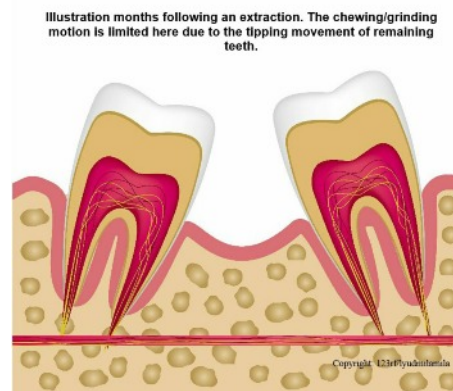
Losing a back tooth compromises your ability to chew and grind. So, your front teeth may have to do a "back tooth" job.

Therefore, the stress of doing a function outside its ability may cause it to fracture. Also, since front teeth do not grind and chew well, you may experience digestion difficulties.

Additionally, ignoring a missing tooth may cause the teeth to shift, causing misalignment, gaps, and other cosmetically undesirable results. No one wants a gapped smile! The shift may be so dramatic that it is impossible to bite on that side, even with only one tooth missing.

Additionally, your jawbone needs proper stimulation to retain its quality and density of bone. The framework for your lower face is held in place by bone. Without it, you may experience a sunken-aged facial appearance.

Don't wait to have teeth replaced. With modern dentistry today, there are many options. Ask us if implants, fixed or removable bridges are the right choice for you.



Tomato Mozzarella Salad With Balsamic Reduction



Make this festive tomato mozzarella salad with balsamic reduction which makes a great appetizer or side and you'll be the talk of the party!

Ingredients

4–5 hothouse (beefsteak) tomatoes, sliced 1/4-inch thick

2 (16 oz.) logs of fresh mozzarella cheese, sliced 1/4-inch thick

Generous bunch of fresh basil leaves

Extra-virgin olive oil

Coarse sea salt and fresh ground black pepper

Balsamic glaze (or make your own – see below)

Instructions

In a casserole type dish (I used 8X11X3) arrange slices of tomatoes, mozzarella, and basil vertically, in an alternating pattern until you have created two rows. You may have more rows depending on the size of the dish.

Drizzle olive oil over the top of the salad, followed by a drizzle of balsamic reduction.

Sprinkle with salt and fresh ground black pepper. Serve immediately.

Posted by Katya on Jul 1, 2019 (updated Aug 7, 2022)
[Little Broken](http://www.littlebroken.com) food blog

<https://www.littlebroken.com>

We are accepting new patients



Please refer your friends and family. It is through your kind and generous recommendations that our practice continues to grow. Thank you.

The Magic of Veneers



Veneers are thin, tooth colored ceramic shells that are made to order in a dental laboratory and cemented to your natural teeth. This technique can be used to fill spaces and cover teeth that are badly stained, poorly shaped, or crooked.

Call today to see what magic we can do for you!

After September 1, 2022, We will no longer offer Dr. Bob's Smile Plan.



However, we will honor the agreement of the plans that have previously been purchased.